![OneCare CalOptima Health logo]

Health Risk Assessment

A Health Risk Assessment is an important part of your health care. Your answers to the questions about your health will help us better understand your needs.

Get a $25 health reward for completing your Health Risk Assessment!

How to qualify for the health reward:

1 You must be an eligible CalOptima Health OneCare (HMO D-SNP), a Medicare Medi-Cal Plan, member.

2 Complete your Health Risk Assessment between January 1, 2025, and December 1, 2025.

3 CalOptima Health will take care of the rest. There is NO form to submit!

Interested in completing your Health Risk Assessment? Call our Case Management team at **1-714-246-8850**, Monday through Friday, 8 a.m. to 5 p.m.

Once you complete your Health Risk Assessment, your $25 health reward will be added to your CalOptima Health OneCare &more™ card within 30 business days. This program may change or end at any time without notice.

If you have any questions, call CalOptima Health OneCare Customer Service toll-free at **1-877-412-2734** (TTY **711**) 24 hours a day, 7 days a week. We have staff who speak your language. Visit us at **www.caloptima.org/HealthRewards** for more information about this health reward.

*Disclaimer: You must meet **all** health reward eligibility requirements to qualify for your reward. It may take up to 30 business days after you complete the assessment to process your reward. Rewards cannot be used to purchase alcohol, tobacco, firearms, gift cards or lottery tickets. You may only be approved 1 time per calendar year for each health reward. Rewards are available while funds last. This program may change or end at any time without notice.*

*CalOptima Health OneCare (HMO D-SNP), a Medicare Medi-Cal Plan, is a Medicare Advantage organization with Medicare and Medi-Cal contracts. Enrollment in CalOptima Health OneCare depends on contract renewal. CalOptima Health OneCare complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. Call CalOptima Health OneCare Customer Service toll-free at **1-877-412-2734** (TTY **711**), 24 hours a day, 7 days a week. Visit us at **www.caloptima.org/OneCare**.*

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