

CalOptima Health Behavioral Health

1-855-877-3885

This number is open 24 hours a day, 7 days a week. TTY users can call **711**.



Did you know?

CalOptima Health covers behavioral health services including:

Assessment

Individual and group therapy

Help with medicines for mental health

Members can learn more by calling CalOptima Health Behavioral Health at **1-855-877-3885**.



The people in the photographs that appear in this document are models and used for illustrative purposes only.
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