

MEDI-CAL ADULT ANNUAL WELLNESS VISIT

PROVIDER INSTRUCTIONS

The Annual Wellness Visit (AWV) is a whole-patient care approach to promote patients' self-management, wellness and engagement with their provider to develop an individualized care plan that fits their needs.

CalOptima Health's comprehensive AWV includes the following components:

1. Health risk assessment (HRA) – patient's self-assessment of health status, psychosocial and behavioral risks and activities of daily living (ADLs)
2. Patients' medical, surgical and family history
3. List of current providers and suppliers
4. Measurement of vitals
5. Detection of any cognitive impairments
6. Patient's written preventive screenings
7. List of risk factors and conditions (include chronic conditions statuses and treatment plan)
8. Personalized health advice and appropriate referrals to health education or preventive counseling services or programs (i.e., fall prevention, nutrition, physical activity, tobacco-use cessation, social engagement, weight loss and cognition)
9. Advance care planning (ACP) services at the patient's discretion
10. Review of current opioid prescriptions
11. Screenings for potential substance use disorders (SUDs) (refer to the DSM-5 criteria)
12. Social Determinants of Health (SDOH) Risk Assessment

Providers:

1. **Schedule your CalOptima Health member's face-to-face AWV anytime within the current calendar year (January 1–December 31). The best practice is to complete this visit at least six months from the member's last AWV.**
2. **Document all required components of a comprehensive AWV.**
 - **Providers with an electronic health record (EHR) system:**
 - Continue to document through your EHR system and ensure all required components of an AWV are documented in the member's medical record.
 - **Providers with an EHR and limited assessment tools:**
 - Continue to document through your EHR system.
 - Complete the necessary assessments to fulfill the required components of an AWV using the CalOptima Health AWV form.
 - Sign and date the bottom of the AWV form.
 - Submit your CalOptima Health AWV form via the Provider Portal.
 - **Providers without an EHR**
 - Complete the CalOptima Health AWV form and the necessary assessments in their entirety.
 - Sign and date the bottom of the AWV form.
 - Submit your CalOptima Health AWV via the Provider Portal.
3. **Submit appropriate claims and encounters for completing the AWV.**

AWV CPT Codes:	IHA for newly-enrolled Medi-Cal members first 120 days:		Current Medi-Cal Members:	
	45–64 years (99386)	65 years and older (99387)	45–64 years (99396)	65 years and older (99397)