



Learn About CalOptima Health's 2026 Member Health Rewards

CalOptima Health offers health rewards to eligible members who take an active role in their health. You can now complete your form online at **www.caloptima.org/e/rewards**. If you need help filling out your form over the phone, call Medi-Cal Customer Service toll-free at **1-888-587-8088** (TTY **711**), Monday–Friday, from 8 a.m. to 5:30 p.m.



Medi-Cal Health Reward	Who's Eligible
Annual Wellness Visit \$50 <i>No health reward form needed</i>	Members ages 45 and older who complete an Annual Wellness Visit in 2026
Breast Cancer Screening \$25	Members ages 40–74 who complete a breast cancer screening mammogram in 2026
Blood Lead Test at 12 Months of Age \$25 <i>No health reward form needed</i>	Members between 12–23 months of age who complete a blood lead test in 2026
Blood Lead Test at 24 Months of Age \$25 <i>No health reward form needed</i>	Members between 24–35 months of age who complete a blood lead test in 2026
Cervical Cancer Screening \$25	Members ages 21–64 who complete a cervical cancer screening in 2026
Colorectal Cancer Screening — Other Types Fecal Occult Blood Test (FOBT) \$15 Fecal Immunochemical Test (FIT) \$15 Flexible Sigmoidoscopy \$25 CT Colonography \$25	Members ages 45–75 are eligible for 1 of these colorectal cancer screening rewards each calendar year

Medi-Cal Health Reward	Who's Eligible
Colorectal Cancer Screening — Colonoscopy \$50	Members ages 45–75 who complete a colonoscopy in 2026
Diabetes A1c Test \$25	Members ages 18–75 with a diagnosis of diabetes who complete an A1c test in 2026
Diabetes Eye Exam \$25	Members ages 18–75 with a diagnosis of diabetes who are due for and complete a diabetes dilated or retinal eye exam in 2026
Diabetes Screening for People with Schizophrenia or Bipolar Disorder Who are Using Antipsychotic Medications \$25 <i>No health reward form needed</i>	Members ages 18–64 with a diagnosis of schizophrenia or bipolar disorder who are dispensed an antipsychotic medication and complete a diabetes screening in 2026 Members with a diagnosis of diabetes or in hospice are excluded
Postpartum Checkup Postpartum checkup completed between January 1, 2026, and June 30, 2026 \$25 Postpartum checkup completed between July 1, 2026, and December 31, 2026 \$50	Members who have a postpartum checkup between 1 and 12 weeks after delivery

As of 1/1/2026, you must meet all health reward eligibility requirements and have CalOptima Health Medi-Cal as primary insurance. Each health reward may be earned once per calendar year, while funds last. Rewards cannot be used to buy alcohol, tobacco, firearms, gift cards, or lottery tickets. We will process your reward once we confirm that your visit has been completed. Please allow up to 90 days. CalOptima Health is not responsible if the reward is lost or stolen. The program may change or end without notice.

Age disclaimer: If your health care provider thinks a screening, test or exam is needed for your health, you may submit a form to qualify for a health reward even if you do not meet the age criteria listed.

