



# CalOptima Health

## Regional Center of Orange County (RCOC)

### Our Mission

To serve member health with excellence and dignity, respecting the value and needs of each person.

### Our Vision

Provide all members with access to care and supports to achieve optimal health and well-being through an equitable and high-quality health care system.

# What Is RCOC?

- Regional Center of Orange County (RCOC) is one of 21 private, nonprofit organizations contracted by the State of California to coordinate lifelong services and supports for individuals with developmental disabilities and their families
- A service coordinator (similar to a case manager) is assigned once the individual is determined to be eligible for RCOC services

# What is RCOC? (cont.)

- A person, parent, relative or guardian may contact RCOC for more information
  - RCOC main line: 714-796-5100
  - RCOC intake line:n714-796-5354
  - RCOC address: 1525 N Tustin Ave. Santa Ana, CA 92702
  - [www.rcocdd.com](http://www.rcocdd.com)

# Four Criteria for RCOOC Eligibility

- Per the Lanterman Act, members need to meet ALL four of the following requirements to qualify for services:
  1. The disability is due to intellectual disability, cerebral palsy, epilepsy, autism or a condition similar to intellectual disability
  2. The disability began before the age of 18
  3. The disability is likely to continue indefinitely
  4. The member must be substantially disabled in at least three areas of major life activity

# Four Criteria for RCOC Eligibility (cont.)

- Note: Disabilities that are solely physical, psychiatric or learning disabilities are not eligible conditions for Lanterman services

# RCOC Services

- RCOC currently offers three service programs:
  1. Early Start (0–36 months)
  2. Provisional Lanterman Services (3–5 years old)
  3. Lanterman Services (3 years old and onward)
- Each program has its own eligibility requirements and services
  - Services provided will depend on the individual's needs

# RCOC Services (cont.)

- The Early Start program may provide:
  - Infant developmental program
  - Speech, occupational or physical therapy, or behavioral intervention and case management
    - RCOC will work with families to access therapies through their health insurance
- Lanterman services may provide:
  - Respite care, adult day care, activity programs, independent living services and residential care

## RCOC Services (cont.)

- RCOC works alongside other agencies and provides referrals for behavior management services and psychological counseling, vocational training and work placement services, and coordination with schools and the Department of Rehabilitation

# Early Start

- The Early Start program provides early intervention services to children 36 months of age and younger who are at risk of having a developmental disability or who are currently demonstrating delays
- RCOC can complete developmental evaluations to identify delays that would be eligible
- A child may qualify under the following categories:
  - Developmental delay
  - Established risk
  - High risk

## Early Start (cont.)

- The assessment process may evaluate the child's motor skills, communication skills, cognitive development, social-emotional development and adaptive skills
- If the child is determined to be eligible for Early Start services, an Individualized Family Service Plan (IFSP) is developed for the child and family
- Services are provided based on assessed need and delivered with the child's everyday routines and activities

# Early Start (cont.)

- Early Start services can include:
  - Occupational, physical and speech therapy; vision services and family training
  - Families must go through their health plan for health-related services

# CalOptima Health RCOC Program Specialist

- CalOptima Health's RCOC program specialists support general care coordination, including:
  - Coordinating with CalOptima Health's health networks to address authorization needs
  - Addressing primary care physician changes
  - Reviewing and providing education regarding eligibility and benefit coverage
  - Assisting with community resource referrals



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