

Enhanced Care Management



As a CalOptima Health member, you may be eligible for Enhanced Care Management (ECM). ECM services are available at no cost to you and offer:

- Supportive services that help with your physical and mental health
- Connection to a care manager in person, by phone or where you live
- Help with forming better relationships with your doctors and providers

To learn if you are eligible

Call CalOptima Health Customer Service toll-free at **1-888-587-8088** (TTY 711) 24 hours a day, 7 days a week.

Not a CalOptima Health member?

Call the County of Orange Social Services Agency to apply for Medi-Cal at **1-800-281-9799**.

ECM can help you:

- Stay focused on your health
- Better understand your medicines
- Connect with your doctors and specialists
- Learn the best ways to support your health and wellness
- Set up transportation to your doctor's office
- Connect to local resources and social services



EMC Flyer (E)
MMA 2938 05-31-23 OM

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