



Postpartum Checkup

Eligible CalOptima Health Medi-Cal members can get a no-cost \$25 gift card for completing a postpartum checkup.



STEP
1

Complete your postpartum checkup within 1 to 12 weeks after having your baby.

STEP
2

Fill out the information on the back of this form and send it to CalOptima Health to request your \$25 gift card.

If you have any questions about this member health reward, please visit us at **www.caloptima.org/HealthRewards** for more details.



Postpartum Checkup Health Reward Form

How to qualify for the gift card:

1. Complete your postpartum checkup within 1 to 12 weeks after having your baby.
2. Fill out this form. **Make sure your provider stamps this form.**
3. Submit the completed form to CalOptima Health **within 8 weeks of your postpartum visit.** This program may end at any time without notice.

How to submit this form to CalOptima Health:

☐ **Fax:** Ask your provider to fax this form to **714-796-6613**, or

☐ **Mail:**

CalOptima Health
Attn: Quality Initiatives
P.O. Box 11033
Orange, CA 92856-9902

If you qualify, it will take at least **8 weeks** after we get the completed form for you to get your \$25 gift card.

All sections must be fully completed and stamped by your provider to get the gift card.

Member Name:		Date of Birth:		
CalOptima Health ID Number:		Phone:		
Mailing Address:				
City:		State:	ZIP Code:	
Date of Delivery	Date of Postpartum Checkup	Provider Information		Provider Stamp
___/___/___	___/___/___	Name:		
		Phone:		

Disclaimer: You must meet **all** health reward eligibility requirements to qualify for your reward. It takes at least 8 weeks after we get the completed form or claim from your visit to process your reward. Rewards cannot be used to purchase alcohol, tobacco, firearms, gift cards or lottery tickets. Rewards have no cash value, and CalOptima Health is not responsible if they are lost or stolen. You may only be approved 1 time per calendar year for each health reward. Rewards are available while funds last. Rewards are not accessible after disenrollment from the plan. This program may change or end at any time without notice.