

# WELL-CHILD VISITS:

## When to Go and What to Expect

Childhood is a time of quick growth and change, especially in the first 2 years of life. Your child's doctor will want to see them often. Regular well-child visits with the doctor are a great way to make sure your child is healthy and growing well.

### Well-child visits are recommended at these ages:

The first week (3 to 5 days old)	12 months old
1 month old	15 months old
2 months old	18 months old
4 months old	24 months old
6 months old	30 months old
9 months old	Yearly from ages 3 to 21

It is important to stay on track and take your child to these visits, even if they are not sick. Well-child visits are different from seeing the doctor when your child is sick. If your child has missed a well-child visit, it is not too late to see the doctor. Read more to learn when to go and what to expect.

Well-Child Visit	Sick Visit
<p>A routine <b>well-child visit</b> finds or prevents health problems.</p> <p>At a well-child visit, the doctor will:</p> <ul style="list-style-type: none"><li>■ Complete a physical exam</li><li>■ Complete a blood lead screening</li><li>■ Check the child's growth and learning</li><li>■ Test hearing, vision and other functions at some visits</li><li>■ Give recommended shots at some visits</li><li>■ Talk about the family's health history</li><li>■ Discuss important health topics such as development, nutrition, sleep, safety and diseases that are going around</li></ul>	<p>A <b>sick visit</b> is when there is a problem, or your child seems sick.</p> <p>At a sick visit, the doctor will review:</p> <ul style="list-style-type: none"><li>■ Concerns</li><li>■ Minor and serious illness</li><li>■ Unexpected illnesses such as:<ul style="list-style-type: none"><li>◦ Cough</li><li>◦ Stomachache</li><li>◦ Rash</li><li>◦ Vomiting</li></ul></li><li>■ Any ongoing (chronic) diseases such as:<ul style="list-style-type: none"><li>◦ Asthma</li><li>◦ Diabetes</li></ul></li></ul>

*If your child has not seen their doctor for a well-child visit, please call their doctor and schedule an appointment today.*