

WELL-CHILD VISITS:

When to Go and What to Expect

Childhood is a time of quick growth and change, especially in the first 2 years of life. Your child's doctor will want to see them often. Regular well-child visits with the doctor are a great way to make sure your child is healthy and growing well.

Well-child visits are recommended at these ages:

The first week (3 to 5 days old)	12 months old
1 month old	15 months old
2 months old	18 months old
4 months old	24 months old
6 months old	30 months old
9 months old	Yearly from ages 3 to 21

It is important to stay on track and take your child to these visits, even if they are not sick. Well-child visits are different from seeing the doctor when your child is sick. If your child has missed a well-child visit, it is not too late to see the doctor. Read more to learn when to go and what to expect.

Well-Child Visit	Sick Visit
<p>A routine well-child visit finds or prevents health problems.</p> <p>At a well-child visit, the doctor will:</p> <ul style="list-style-type: none">■ Complete a physical exam■ Complete a blood lead screening■ Check the child's growth and learning■ Test hearing, vision and other functions at some visits■ Give recommended shots at some visits■ Talk about the family's health history■ Discuss important health topics such as development, nutrition, sleep, safety and diseases that are going around	<p>A sick visit is when there is a problem, or your child seems sick.</p> <p>At a sick visit, the doctor will review:</p> <ul style="list-style-type: none">■ Concerns■ Minor and serious illness■ Unexpected illnesses such as:<ul style="list-style-type: none">◦ Cough◦ Stomachache◦ Rash◦ Vomiting■ Any ongoing (chronic) diseases such as:<ul style="list-style-type: none">◦ Asthma◦ Diabetes

If your child has not seen their doctor for a well-child visit, please call their doctor and schedule an appointment today.