

# WELL-CHILD VISITS: When to Go and What to Expect



Childhood is a time of quick growth and change, especially in the first 2 years of life. Your child's doctor will want to see them often. Regular well-child visits with the doctor are a great way to make sure your child is healthy and growing well.

## Well-child visits are recommended at these ages:

The first week (3 to 5 days old)	12 months old
1 month old	15 months old
2 months old	18 months old
4 months old	24 months old
6 months old	30 months old
9 months old	Yearly from ages 3 to 21

It is important to stay on track and take your child to these visits, even if they are not sick. Well-child visits are different from seeing the doctor when your child is sick. If your child has missed a well-child visit, it is not too late to see the doctor. Read more to learn when to go and what to expect.

Well-Child Visit	Sick Visit
<p>A routine <b>well-child visit</b> finds or prevents health problems.</p> <p>At a well-child visit, the doctor will:</p> <ul style="list-style-type: none"><li>Complete a physical exam</li><li>Complete a blood lead screening</li><li>Check the child's growth and learning</li><li>Test hearing, vision and other functions at some visits</li><li>Give recommended shots at some visits</li><li>Talk about the family's health history</li><li>Discuss important health topics such as development, nutrition, sleep, safety and diseases that are going around</li></ul>	<p>A <b>sick visit</b> is when there is a problem, or your child seems sick.</p> <p>At a sick visit, the doctor will review:</p> <ul style="list-style-type: none"><li>Concerns</li><li>Minor and serious illness</li><li>Unexpected illnesses such as:<ul style="list-style-type: none"><li>Cough</li><li>Stomachache</li><li>Rash</li><li>Vomiting</li></ul></li><li>Any ongoing (chronic) diseases such as:<ul style="list-style-type: none"><li>Asthma</li><li>Diabetes</li></ul></li></ul>

*If your child has not seen their doctor for a well-child visit, please call their doctor and schedule an appointment today.*