

# Get more money for groceries

A family of four may  
be eligible for up to

# \$975\*

from CalFresh  
each month



# healthy food. better health.

As a CalOptima Health member, you may qualify for CalFresh,  
and now it's easier to apply through CalOptima Health!

Call us toll-free at **1-888-587-8088 (TTY 711)**  
or visit [caloptima.org/calfresh](http://caloptima.org/calfresh)



CalOptima Health

Stay Connected! Visit [www.caloptima.org](http://www.caloptima.org) Or Follow Us @CalOptima   

# What is CalFresh?

CalFresh can help you stretch your food budget, so you can buy healthy food — up to \$292\* for individuals and up to \$975\* for a family of four. Monthly amounts are based on eligibility requirements, including household size, income and expenses. The program issues benefits on a debit-type card that can be used at grocery stores, farmers markets and online, such as at Albertsons, Vons, Amazon and Walmart.



## Not a CalOptima Health Member?

Enroll in CalFresh online at [www.getcalfresh.org/s/oc](http://www.getcalfresh.org/s/oc).

**Enroll in CalFresh in person or by phone with these organizations.**

**County of Orange Social Services Agency (SSA)**

1-800-281-9799

Find an SSA office at [ssaregionlocator.ocssa.net](http://ssaregionlocator.ocssa.net)

**2-1-1 Orange County**

Call 211 or text ZIP code to 898211

**Access California Services**

1-714-917-0440

300 W Carl Karcher Way  
Anaheim, CA 92801

**Coalition Of Orange County Community Health Centers**

1-714-352-5990, ext. 235

Various resource centers throughout the county. Please call for more information.

**Community Health Initiative of Orange County**

1-855-927-8333

1505 E. 17th St., Suite 121  
Santa Ana, CA 92705

**Disabled Resources Center Inc.**

1-562-427-1000, ext. 111

2750 E. Spring St., Suite 100  
Long Beach, CA 90806

**Friends of Family Health Center**

1-562-501-1661

501 S. Idaho St., Suite 270  
La Habra, CA 90631

**ICNA Relief USA**

1-714-399-4571

505 E. Commonwealth Ave.  
Fullerton, CA 92832

**North Orange County Regional Health Foundation**

1-714-853-4727

1182 N. Euclid St.  
Anaheim, CA 92801

**Saddleback Church-PEACE Community Center**

1-949-609-8211

1 Purpose Dr.  
Lake Forest, CA 92630

**Vista Community Clinic — The Gary Center**

1-562-264-6000, ext. 1814

201 S. Harbor Blvd.  
La Habra, CA 90631

**Community Action Partnership of Orange County**

714-733-8679

11870 Monarch St.  
Garden Grove, CA 92841  
*By appointment only.*

CalOptima Health, A Public Agency

\* CalFresh is not a Medi-Cal program, and it will not change your Medi-Cal benefits. There is no guarantee you will qualify if you apply, and the benefit amounts vary. CalFresh will not impact immigration status.