

## Doula Recommendation (CCN and COD Only)

Doula support services are a covered benefit under Medi-Cal as of January 1, 2023. Doulas are birth workers who provide health education, advocacy, and physical, emotional, and nonmedical support for pregnant and postpartum persons before, during and after childbirth (perinatal period) including support during miscarriage, stillbirth, and abortion.

Step 1 – Provide information for the CalOptima Health Medi-Cal member requesting doula services.

<b>Member's Information</b>			
Member First Name:		Members Last Name:	
Member ID Number (CIN):		Date of Birth (DOB):	
Health Network*:	<input type="checkbox"/> CalOptima Health Community Network (CCN) <input type="checkbox"/> CalOptima Health Direct (COD)		
Due Date (EDC):			
Phone Number(s):			
Member concerns, risk factors, needs?			

**\* Please do not use this form for other health networks, including AMVI, AltaMed, CHOC, Family Choice, HPN, Noble, Optum, Prospect and United Care. You may reach out to your health network directly to assist with doula services.**

Step 2 – Doula services require a written recommendation by a physician or other licensed practitioner of the healing arts, practicing within their scope of practice under state law or a standing order. Providers do not have to be Medi-Cal enrolled.

<b>Recommending Provider Information</b>			
Provider First and Last Name:			
Provider Specialty (i.e., OB/GYN, LCSW, NP, Public Health Nurse, RN, etc.)		NPI #:	
Phone Number:			
Referral is for:	<input type="checkbox"/> Initial Recommendation <i>optional</i> — Authorizes one initial visit, up to eight visits in any combination of prenatal and postpartum, support during labor and delivery, and up to two extended postpartum visits.  <input type="checkbox"/> Second Recommendation <i>required</i> — Authorizes up to nine additional postpartum visits		

Step 3 – Doula provider information (optional). Doula must be enrolled in Medi-Cal and contracted with CalOptima Health. Call Customer Service for information on in-network Doulas.

<b>Doula Information</b>	
Doula's Name or Organization:	
NPI #:	
Phone Number:	