

## Case Management: Support for CalOptima Health Members

Case Management is a no-cost, optional service for CalOptima Health members provided over the phone. Members with more complex health needs may qualify for extra services that help with care coordination. Our team is ready to help you manage your health care.

### Our Case Management team will:

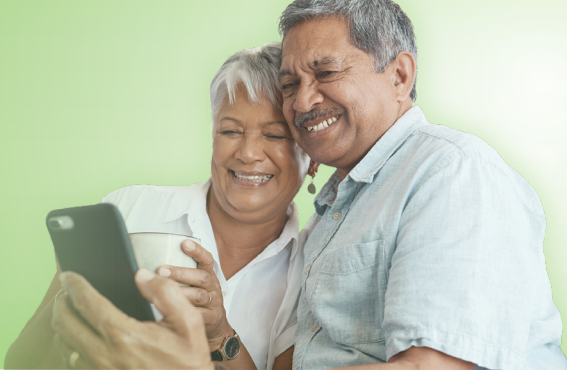
- Work with you and your doctor(s).
- Help you get the care you need.
- Connect you with benefits and resources you may be eligible for.

### Our goals are to help you:

- Live more independently in the place you choose.
- Get the help and services you need for your health care.

### Call your health network for more information:

Health Network	Customer Service Phone Number
AltaMed Health Services	1-888-499-9303
AMVI Medical Group	1-888-747-2684
CalOptima Health Community Network	1-888-587-8088
Family Choice Health Services	1-800-611-0111
Noble Mid-Orange County	1-888-880-8811
Optum	1-888-656-7523
Prospect Medical	1-833-303-4551
Regal Medical Group	1-844-292-5173
United Care Medical Group	1-877-225-6784



CalOptima Health OneCare (HMO D-SNP), a Medicare Medi-Cal Plan, is a Medicare Advantage organization with Medicare and Medi-Cal contracts. Enrollment in CalOptima Health OneCare depends on contract renewal. CalOptima Health OneCare complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. Call CalOptima Health OneCare Customer Service toll-free at **1-877-412-2734 (TTY 711)**, 24 hours a day, 7 days a week. Visit us **[www.caloptima.org/OneCare](http://www.caloptima.org/OneCare)**.